

The key questions  
about food—in  
poverty: Did you  
have enough?  
In the middle class:  
Did you like it?  
In wealth: Was it  
presented well?



*“As an individual growing  
up in generational pov-  
erty... being in attend-  
ance at the workshop has  
opened my eyes to the  
“other side” being the  
middle class side”.*  
-Native Liaison Worker

## Strategies for our Community

“Bridges” brings people from all sectors together to improve job retention rates, build community resources, improve outcomes, and support those who are moving out of poverty. Gain a deeper understanding of the challenges – and strengths – of people living in poverty.

You will:

- ⇒ Acknowledge the impact of poverty on families;
- ⇒ Explore the different mindsets between and among classes;
- ⇒ Identify ways to improve opportunities & relationships;
- ⇒ Explore a community plan to assist individuals in transition.

This one day workshop is delivered by **Gayle Montgomery**, Certified Bridges Trainer, Circles Co-ordinator for the County of Lambton, ON, Social Services Div.

\*If interested, consultation appointments available on Wednesday, June 15th, 2016\*

**DATE:** Tuesday, June 14th, 2016 from 8:30am—4:00pm

**\$50.00—workbook and lunch included**

**LOCATION:** Minis Hall, Super 8 Motel, 240 Lakeview Drive, Kenora

**TO REGISTER:** [stalbans@shaw.ca](mailto:stalbans@shaw.ca)

**FOR MORE INFORMATION :** Jim Dugan 464-0972 Penny Cummine 407-7939

The workshop is based on the work of **Dr. Ruby Payne, PhD.**  
author of  
[A Framework for Understanding Poverty, A Cognitive Approach](#)

[www.ahaprocess.com](http://www.ahaprocess.com)

