

# Are YOU prepared???



Do you have all your important information in one central location? Does your family know where to find it should something happen to you? Where is your will? Do you have a Power of Attorney, a "Living Will" or Advanced Health Care directive? Who is your family doctor? What kind of medical coverage do you have? Does your family know the kind of medical coverage you have? What kind of insurance do you have? What coverage do you have and with whom? What does the policy cover, who do you call to call to find out? What's the policy number? Do you carry additional private life insurance? Do you have a company pension plan?

Where do you bank? How many bank accounts do you have? What bills come out of your bank automatically, and which ones need to be paid separately? What are your account passwords, PIN numbers? How many credit cards do you have? What about investments and investment income? Who is your Financial Planner; your Lawyer?

Does your family know your wishes with regard to medical intervention or your thoughts about the kind of funeral you'd like? Cremation or full body burial; full church service, with or without communion, or perhaps a simple private family gathering, or even no service at all? These are just some of the questions that can arise if you are suddenly incapacitated, or worse, die.

The questions are numerous and they can come at a time when you are ill equipped to answer. Perhaps you do know the answers to most of these questions, but under emotional stress the mind can forget certain information, adding to the frustration. In times of crisis, if you don't have all this information in one central place, written down and easily accessible, it can be overwhelming and frustrating, adding to an already stressful time.



If you are like many, you have not taken the time to gather all this information into one place, AND to notify family where this information can be found. Many folks have good intentions but we've all used this excuse... "I never got around to it".

**Don't despair....**

**Someone has taken the time to develop a helpful and practical tool that can help you and your loved ones get your important information organized. This simple 'binder' can provide direction to others in the event that you are not able to do so yourself. Equip yourself (and your family) by attending the "What IF I got HIT by BUS Seminar". Click here:**

**<http://www.rupertsland.ca/event/what-if-i-got-hit-by-a-bus-3/>**

